



PREORDER BEFORE 9:30 USING FLEXISCHOOL APP

Breakfast (everyday)

REGGANO PIZZA (V)	2.8
OPEN TOAST CHEESE	2.5
PIKELET	3.0
YOGURT MUESLI BERRIES	3.5
SMOOTHIES Berries & Bananas (280ml)	3.5
FRUIT CUP	
Orange	2.0
Melon	3.0
Fruit Salad	3.5

Salads (everyday)

FRUIT SALAD	3.5
GREEK SALAD (V,GF)	5.0
CHICKEN CAESAR SALAD	6.0
TUNA PASTA SALAD	4.5
HAM PASTA SALAD	4.5

Lite Meal (everyday)

SUSHI CUP	4.5
Choice of Tuna or Soy Chicken with Cucumber & Corn Mayo	
HEALTHY SNACK BOX (V)	5.0
Hummus & Bread, Carrot, Celery / Cucumber, Cheese	
MINI ROLLS	3.5
Choice of Ham & Cheese or Chicken Lettuce Mayo	
GARLIC BREAD (V)	1.5

All Chicken, Beef, Lamb items are Halal.

Gluten Free Option Available (+ \$1.5)



Lunch (everyday)

MACARONI & CHEESE (V)	4.5
BAKED PASTA	
Bolognese & Cheese	5.0
Tomato & Cheese	4.5
Lasagna	5.5
TOASTED LEBANESE BREAD	
Lamb Kofta / Falafel (V)	6.0
PIZZA / CANTEEN MADE	
Pepperoni (Halal)	6.0
Margherita	5.0
Hawaiian	5.5
BBQ Chicken	6.0
BURGERS	6.0
Cheeseburger	
Oven Baked Chicken Crumbed (occasional)	
SANDWICHES & WRAPS	
Wraps	5.5
Tuna / Chicken Breast / Cheese (V)	
Chicken Tenders (occasional)	
Sandwiches	4.5
Tuna / Chicken Breast / Salad	
Add cheese/lettuce/tomato	
/cucumber/carrot (add: +0.8)	
Cheese-only / Vegemite Sandwich	2.5

Daily Specials

Ask us about our Daily Specials!

- 2024 MENU -



Drinks (everyday)

Spring Water (250ml/600ml)	1.5/2.5
Chocolate / Strawberry Oat Milk	3.5
Hot Chocolate	3.0
Up&Go Breakfast Drink	3.5

Cold Treats (everyday)

Custard Cup / Custard Crumble (200ml)	2.5/3.0
Jelly Cup / Jelly Custard Cup (200ml)	1.5/2.0
Juice Popper (Occasional)	3.0
Frozen Strawberries / Chocolate Milk Cup	1.5
Frozen Juice Cup (120ml)	1.5
Quelch Ice Fruit Stick	1.0

Snacks (occasional)

Wednesday & Friday Bites n' Cups (**OVEN BAKED)	
Halal Hotdog	4.5
**Sausage Sizzle	4.5
**Lite 'n up Sausage Rolls Mrs Mac (Halal)	4.5
**Potato Wedges	4.5
**Chicken Nuggets (6 pcs)	5.0
Nachos - Minced Beef (GF)	5.0
Sauce (Extra)	0.5
OTHER SNACKS	
Plain Popcorn (GF)	1.5
Noodle Snack	1.5
Red Rock Deli	2.5
Homeade Muffin	2.0
Corn & Cheese Melt / Cracker & Cheese	2.0
Veggies cup with Hummus	3.5

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(www.flexischools.com.au)

OR IN PERSON AT THE COUNTER

